

Materials Needed:
Bible or Bible App,
Blindfold, Chair



GO DEEPER

MORNING MOMENTS



Read: Hebrews 11:1 "Faith means being sure of the things we hope for. And faith means knowing that something is real even if we do not see it." (ICB)

Discuss:

- What is faith?
- What are some things you know are real, even though you cannot see them?

Remember This: Faith means believing or trusting in what we can't see.

CREATIVE CONNECTION



Faith Walk: Blindfold your child, then spin him around a few times so that he doesn't know which way is safe to walk. Then, give your child instructions on where to walk. As your child nears the other side of the room, tell him that when you give the command you want him to sit down. He is not allowed to feel if there is anything to sit on, he just has to have faith and sit down. Very quietly bring out a chair and position it so he will be able to sit in it. When ready, tell your child to sit down. Once they are safely seated, use this to remind your child that faith is choosing to listen to God, and trusting Him to lead you where He wants you to go, even when you can't see.

TABLE TALK



- When is it hard for you to trust someone?
- What is one way you can show someone you trust them?
- How can you show God you trust Him?

HUMBLE HEARTS



Take **P.A.R.T.** of your day to pray:

Praise God for being our hope

Ask God to help you have faith and trust in Him

Repent, or tell God you're sorry, when you doubt His power

Thank God for being trustworthy

	SCRIPTURE	BOTTOM LINE
	<p>REVELATION 1, 21-22 John's Vision</p>	<p>WE CAN BUST FEAR WITH FAITH IN GOD'S POWER</p>
READ THIS	<p>We can have faith in God's power. And when we ask Jesus to be the Leader and Forgiver of our lives, God gives us His powerful Spirit to live inside of us. Then, we don't have to be afraid! Any fears we may have – including the fear of being alone, tight spaces, nightmares, bugs, trying new things, germs, and even death – none of them are too much for God. When we are a child of God, the Holy Spirit protects us and reminds us that God is more powerful than anything! Let's go deeper and learn more about what faith is, and how we can bust fear with faith in God's power!</p>	
MEMORIZE THIS	<p>"Be strong and courageous. Do not be afraid or terrified because of them, for the Lord your God goes with you; he will never leave you nor forsake you." Deuteronomy 31:6 (NIV)</p>	
IN ACTION	<p>Spend time every day this week reading the Bible and praying to God. Even a few minutes each day will help grow your faith in God's power! As your faith grows, you will be able to trust God more and more with your fears.</p>	

CHECK OUT OUR COMPANION VIDEOS ON OUR YOUTUBE CHANNEL:
youtube.com/blueridgecommunitychurch

Materials Needed:
Bible or Bible App,
Paper, Markers, Scissors

GO DEEPER



MORNING MOMENTS

Read: Exodus 14:5-31

Discuss:

- What did the Israelites do when they saw the Egyptians?
- How do we see God's protection in this story?
- How did the attitudes of the Israelite people change at the end of this story?

Remember This: God's power can protect us.



CREATIVE CONNECTION

God's power is revealed in so many ways. No one but God could part a sea. God also does many powerful things for us every day. He brings the sun up in the morning. He showers the earth with rain. He makes the trees grow. Get a piece of paper and draw a picture of God parting the Red Sea or another miracle that reminds you of God's power. When finished, cut your picture into 10+ parts to create a puzzle. Then you can share your puzzle with other people in your family to try and put together.



TABLE TALK

- What is a miracle?
- Have you ever seen a miracle?
- What is your favorite miracle from the Bible?



HUMBLE HEARTS

Take **P.A.R.T.** of your day to pray:
Praise God for being a protector
Ask God to help you when you feel afraid
Repent, or tell God you're sorry, when you don't go to Him for help
Thank God for ways you have seen His protection

Materials Needed:
Bible or Bible App,
Paper, Markers, Pencil

GO DEEPER



MORNING MOMENTS

Read: Genesis 1-2:3

Discuss:

- How was the world created?
- What kind of power does God have?
- How can knowing God is the Creator of everything help you when you feel afraid?

Remember This: God is all-powerful and bigger than our fears.



CREATIVE CONNECTION

Get a piece of paper and a pencil, then head outside to look at the world that God has created. Write or draw a prayer to God in response to the wonderful world that He has created. (If the weather does not allow you to go outside, you can look out of a window instead).

Remember: God is all-powerful and bigger than our fears!



TABLE TALK

- If you had power to create anything, what would you create?
- Where do you see God's power in creation?



HUMBLE HEARTS

Take **P.A.R.T.** of your day to pray:
Praise God for creating the world
Ask God to show His power to you in new ways through His creation
Repent, or tell God you're sorry, for things you have done wrong today
Thank God for being all-powerful

Materials Needed:
Bible or Bible App,
Flashlight

GO DEEPER



MORNING MOMENTS

Read: John 1:5, John 9:5, Psalm 119:105

Discuss:

- Can darkness overpower light?
- Who is light?
- How can we access God's power?

Remember This: God's power is like a light against the darkness of fear



CREATIVE CONNECTION

Go into a dark room. Why is it suddenly difficult to move around or do anything? Turn on a flashlight. Even a small beam of light can make a huge difference when you are surrounded by darkness. Sometimes our fears feel like the darkness. But God is our strength and guiding light; faith in His power can be the light that shatters the darkness of our fear. Where can we find this power of light? In God's Word, the Bible!



TABLE TALK

- What is your favorite type of light and why? (*lightning, fireworks, lamp, campfire, nightlight, etc.*)
- God's Word is described as a light for our path. How can God's Word, the Bible, help shine truth in your life?



HUMBLE HEARTS

Take **P.A.R.T.** of your day to pray:
Praise God for being our light when things seem dark and scary
Ask God to guide you when you are afraid
Repent, or tell God you're sorry, for when you have not followed His way
Thank God for giving us the Bible to help us

Materials Needed:
Bible or Bible App,
Paper, Markers

GO DEEPER



MORNING MOMENTS

Read: Matthew 17:19-20, Luke 17:5-6, Luke 22:42, James 1:6-8, James 4:3

Discuss:

- Will God do everything we ask of Him? Why or why not?
- If God does not answer our prayer the way we want, is God still all-powerful?
- How do you think God feels when we trust Him?

Remember This: Even a tiny bit of faith in God's power can bust our fears



CREATIVE CONNECTION

A mustard seed starts out small, but grows into a large tree. We grow our faith by learning more about who God is, and trusting that His Word is true. Faith takes time to grow and needs care just like a plant. Draw or print out a flower or tree with 6-8 petals or leaves on it. On each petal/leaves, write or draw one way you can grow your faith. For example, you might draw a Bible for reading God's Word. When finished, share your flower/tree with others in your family.



TABLE TALK

- Who do you trust to feed you every day?
- Name something you believe God can do (or has done) for you.
- Name something you can do for God.



HUMBLE HEARTS

Take **P.A.R.T.** of your day to pray:
Praise God for His mighty power
Ask God to help your faith grow
Repent, or tell God you're sorry, for when you don't have faith in Him
Thank God that He can grow our faith